

The Journey

The Journey is an interactive prayer experience based on a feature in European medieval cathedrals. The Journey was introduced in Europe and brought to America by Campus Crusade for Christ staff.

The basic premise is that you are on a pilgrimage with God to the center of a labyrinth and back out again. At each station, you encounter God concerning a different aspect of your life.

The setting should be quiet except for background music. There should be partitions and wall coverings to simulate a path. White and black partitions have both been used. Lighting should be soft.

Participants should have ample time to spend with God at each station. Some will spend more time than others. Tissue should be available throughout The Journey.

We bought most of our props for The Journey from garage sales, second-hand stores and clearance racks. We looked for wicker, wood, metal and ceramic type items with a used (old, medieval, antique) look.

We brought in color by adding knick-knacks such as small vases, butterflies, flower petals, feathers at Station 10, etc. (Someone could pick up a feather after leaving their burden. This idea came from Germany).

Design The Journey to best serve your audience by taking into consideration your location, room, age of attendees and availability of props, lighting, etc.

We had fifteen stations. You can have more depending how you display the posters. We have included a station by station description, list of props and furniture, the floor plan we used and footprints for the floor.

Station 1:

Topic: Beginning

Posters: #2 “the journey” and #3 “You are...”

Furniture: None

Props: None

Lighting: Posters

Station 2:

Topic: Burdens

Poster: #4 “Burdens”

Furniture: None

Props: Basket and rocks

Lighting: Poster and basket

Notes: Rotate rocks with Station 10

Station 3:**Topic:** Self**Poster:** #5 “Self” and #6 Clay**Furniture:** table and chair**Props:** Mirror and modeling clay, tissues**Lighting:** Posters, mirror (must be able to see self) and table**Notes:** Leave examples of a clay people**Station 4:****Topic:** Contemplation**Poster:** #7 “As the seed grows...”**Furniture:** None**Props:** None**Lighting:** Poster**Station 5:****Topic:** Mosaic of Life**Poster:** #8 “Mosaic of Life”**Furniture:** None**Props:** Basket, broken tiles, kneeling pillow, mat**Lighting:** Poster and floor**Notes:** Leave examples**Station 6:****Topic:** Washing**Poster:** #9 “Washing” and #10 2 Cor. 2:24 and 2:15,16**Furniture:** table**Props:** Bowl of water, fragrance, paper towels/napkins, trash basket**Lighting:** Posters and table**Notes:** Water and trash basket will need to be replaced/emptied at regular intervals.**Station 7:****Topic:** Obstacles**Poster:** #11 “Obstacles” and #12 Roman 10:14,15 (other side of wall)**Furniture:** None**Props:** 9 large bricks, pillow for kneeling, tissues**Lighting:** Posters and wall**Station 8:****Topic:** Pearls**Poster:** #13 “Pearls” and #14 Swindoll**Furniture:** table**Props:** basket and clear envelope with note (“If there were no wounding, there could be no pearl”) and pearl, tissues**Lighting:** Posters and table**Notes:** Periodically check pearls.

Station 9:

Topic: Impression

Poster: #15 “Impression” and #16 “What will be left...”

Furniture: Chair

Props: Pan of sand, pillow for kneeling

Lighting: Poster and sand

Notes: At the beginning of the day, make sure there is a foot or hand impression in the sand.

Station 10:

Topic: Give up Burden

Poster: #17 “Freedom” and #18 “If you can give...”

Furniture: chair

Props: Basket

Lighting: Posters and basket

Notes: Rotate rocks with Station 2

Station 11:

Topic: Rest

Poster: #19 “Rest” and #20 “Take some time...” (on table)

Furniture: large round table and 4 chairs

Props: Bread, pitcher of juice, cups, several Bibles, cards with communion verses, trash basket, tissues

Lighting: Lamp on table

Notes: Periodically check on juice, bread, cups and trash basket.

Station 12:

Topic: Others

Poster: #21 “Others”

Furniture: table and chair

Props: Notes, thumb tacks, cork board, small wooden bowl for thumb tacks

Lighting: Poster, table, and board

Notes: Periodically check notes and thumb tacks. Initially, put up a few example notes. Leave notes on board during the whole time.

Station 13:

Topic: Others

Poster: #22 “Journeys” and #23 “Others”

Furniture: table and chair

Props: bowl, beads and string

Lighting: Posters and table

Notes: Periodically check beads and string

Station 14:

Topic: Chains

Poster: #24 “Chains”

Furniture: table

Props: Basket, chain links, tissue

Lighting: Poster and table

Notes: Periodically check chains.

Station 15:

Topic: Thank You

Poster: #25 “Thank You”

Furniture: Podium

Props: Guest Book and pen

Lighting: Poster and podium

Notes: Periodically check to see if pen is still there.

Props to be gathered for The Journey:

- Footprints for floor
- Posters
- Something to hang posters
- Baskets/bowls: (rocks, tiles, trash - washing/rest, pearls, beads, chains)
- Rocks (smooth rocks that can fit in a person’s hand of varying sizes)
- Mirror (hand held or table top)
- Modeling Clay (different colors)
- Broken tiles (different colors)
- Bowl (washing)
- Fragrance (for water used at washing station)
- Paper towels/napkins (washing and rest station)
- Bricks (large stackable)
- Pillows for kneeling
- Envelope (very small zip lock) with pearl and note “If there were no wounds, there could be no pearl.”
- Fine Sand
- Large pan for sand
- Bread
- Grape Juice
- Small cups for communion
- Pitcher for juice

- Bibles
- Cards with communion verses
- Note Pads (different colors)
- Thumb tacks
- Large Cork Board
- Beads and string (variety of string-able beads)
- Chain links (we bought chain and cut every other link)
- Guest book
- Pen
- CD Player(s) with ambient or instrumental CDs
- Some type of lighting (lamps, candles, flashlights) at each station
- Partitions and covering for walls (drapes, sheets, plastic)

Furniture for The Journey:

- Chairs (clay, sand, give, rest [4], others, others)
- Tables (clay, washing, pearls, others, others, chain)
- Large round table (rest)
- Podium









