

Session 4

# Praying in the Holy Spirit

# **Theme:**

Our prayers are channels for the  
praying of the Holy Spirit.

# **Biblical Foundation:**

“But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit, keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.”

Jude 20,21 NKJV™

# **The Purpose of This Session**

is to help us be filled with the Holy Spirit.

# Introduction:

We Christians cannot pray as we should without help.

“Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.”

Romans 8:26 NKJV™

1. [**The Holy Spirit**] is with us to help us in our praying.

“For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, ‘Abba, Father’.”

Romans 8:15 NKJV™

- a. The Day of Pentecost marked a new, wonderful period in God's world plan.
- b. On that day, the Holy Spirit moved His seat of administration from heaven to His Church on earth.

2. Today, He is “joining to help us” (literal translation of Romans 8:26) in our prayer weaknesses. How does He do that?

## A. The Holy Spirit intercedes for us.

1. “... the Spirit Himself makes intercession for us with [groanings] that are not uttered.”

Romans 8:26 (literal Greek translation)

2. He is “the Spirit of grace and supplication.”

Zechariah 12:10 NKJV™

## **B. The Holy Spirit intercedes in us.**

1. The Holy Spirit expresses His intercession to Jesus in the prayers of God's people.
2. “He who searches the hearts [**of His praying children**] knows what the mind of the Spirit is.”

Romans 8:27 NKJV™

3. Our highest potential is to pray the burdens (urgent needs, problems) that the Holy Spirit lays upon our hearts. In this way, we pray in the Holy Spirit.

“praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints.”

Ephesians 6:18 NKJV™

## **C. The Holy Spirit intercedes through us.**

“Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.”

Romans 8:27 NKJV™

1. The third Intercessor, our Lord Jesus, receives the Spirit's requests through praying believers.
2. A vital element in prayer is to sense "the mind of the Spirit."

3. When we walk through life **in fellowship with Jesus**, our prayer burdens will express the groanings of the Spirit.

“If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

John 15:7 NKJV™

4. Our strongest resource for prayer is to be [**filled**] with the Holy Spirit.

# Conclusions:

1. The Spirit entrusts His groanings to us in the form of prayer burdens.
2. Effective prayer expresses burdens which the Spirit stirs within our hearts.
3. Fullness of the Spirit can enable us to reach our highest prayer potential.